

How To Make Suppositories

Suppositories are an excellent method of administration for cannabis. Suppositories have a high absorption rate, and due to avoiding the first liver pass, a patient can handle a higher dose in comparison to ingestion of the same dose.

Ingredients:

1. Highly concentrated F.E.C.O. (Full Extract Cannabis Oil)
2. Coconut oil
 - You want one that solidifies at room temperature (normally comes in a jar). Do not use coconut oil that is liquid in room temperature (normally used in cooking).
3. Suppository molds
4. Small saucepan or vessel to melt ingredients
5. Small funnel or empty syringe to fill molds
6. Binder clips to hold molds, if necessary
7. Tupperware or ziplock bag to store filled molds

Calculate dosages & measurements

1. Decide how many suppositories you will make.
2. Decide how many milligrams each suppository will be (desired dose).
3. Figure out how much coconut oil you will need.
4. Measure slightly under 2 grams of coconut oil for each suppository mold you want to fill (most molds hold approx. 2 grams of coconut oil each).
 1. *Example:* 10 molds x 2 grams coconut oil each = 18-20 total grams (approx. 1 tbs) of coconut oil needed to mix with F.E.C.O.
5. Decide how much F.E.C.O. you will need.
 1. There are a total of 50 dashes marked on the side of the 1ml syringe, but 10 of the dashes are more bold
 2. *Example:* 50 tiny dashes per syringe
 1. 670mg THC per 1ml syringe
 2. 67mg THC per tenth
 3. 13.4mg THC per tiny dash
 4. Therefore, if you want to make 10 suppositories with 10mg each, totaling 100mg, simply divide $100 / 13.4 = 7.46$ tiny dashes

Warm ingredients for mixing

Heat the coconut oil slowly until it's fully liquid. Then, while stirring with a small spoon, add the F.E.C.O into the coconut oil. Be sure none is stuck to the walls of the heating vessel or spoon. Mix thoroughly.

Let the mixture cool partially. It must remain somewhat warm and unhardened at this stage.

Fill molds

Using the funnel or the empty syringe, pour the warm oil into the molds. Be sure to fill each with an equal amount for consistent freezing and accurate dosing.

Freeze overnight

Place the filled molds in your freezer, making sure they are supported so they will stand straight up. Let them fully harden overnight before using them.

Use

It's important to keep the suppositories frozen until you are ready to use them. To use one of your suppositories, simply remove one from the mold and insert rectally or vaginally immediately, as the suppository will begin to melt in your hand very quickly.

